

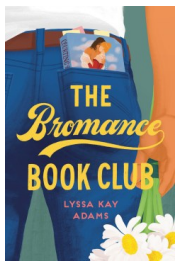
Healthy Relationships Book Discussion



Tuesday, June 20 at 12:30 pm

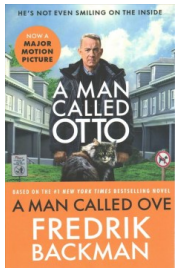
Reading Suggestions

eBooks and eAudiobooks can be accessed through Libby by visiting: <https://lcls.overdrive.com/library/adult/collection/1438491>



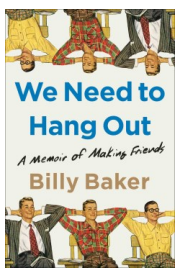
The Bromance Book Club

by Lyssa Kay Adams
To win back his wife, who wants a divorce, desperate Nashville Legends second baseman Gavin Scott finds help from an unlikely source — a secret romance-reading club of Nashville's top alpha men.



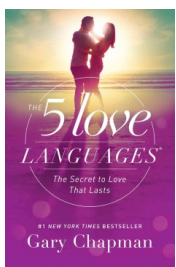
A Man Called Otto

by Fredrik Backman
A curmudgeon hides a terrible personal loss beneath a cranky and short-tempered exterior while clashing with new neighbors, a boisterous family whose chattiness and habits lead to unexpected friendship



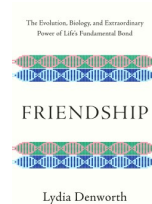
We Need to Hang Out

by Billy Baker
A staff writer for The Boston Globe discusses his own issues maintaining friendships after age forty and offers inspiration for overcoming loneliness and reconnecting with others in the face of increasingly hectic lives



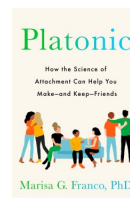
The 5 Love Languages

by Gary D. Chapman
Outlines five expressions of love-- quality time, words of affirmation, gifts, acts of service, and physical touch--and explains how to identify and communicate effectively in a spouse's "love language."



Friendship

by Lydia Denworth
An investigation of friendship provides profound implications for our understanding of what humans and animals alike need to thrive across a lifetime.



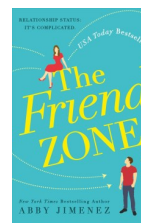
Platonic

by Marisa G. Franco
Drawing on the latest scientific research on friendship, an acclaimed psychologist helps us understand our attachment style by providing a blueprint for forging strong, lasting connections with others.



It Ends with Us

by Colleen Hoover
After building what should be a perfect life with neurosurgeon Ryle Kincaid, Lily finds herself in a troubled relationship with an abusive husband and must make a decision about her future.



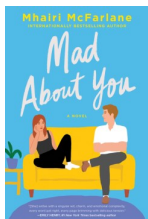
The Friend Zone

by Abby Jimenez
Planning her best friends wedding is bittersweet for Kristen Peterson as she faces a medical procedure that will make her unable to have children, especially as she finds herself connecting with the best man



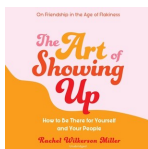
The Friendship List

by Susan Mallery
Reuniting in the aftermath of a devastating loss, two single moms, lifelong best friends, create a list of challenges, from skydiving to getting tattoos, before their prospects and perspectives are transformed by unexpected love.



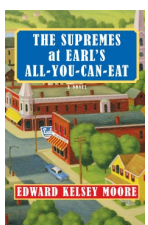
Mad About You

by Mhairi McFarlane
After turning down a proposal from her long-time partner, in-demand wedding photographer Harriet Hatley moves in with a new roommate, a hopeless romantic who makes her question everything about her life and her past.



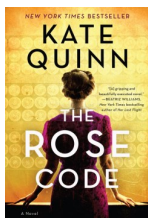
The Art of Showing Up

by Rachel Wilkerson Miller
How to form and maintain genuine friendships in an age of social disconnect;



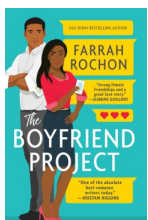
The Supremes at Earl's All-You-Can-Eat

by Edward Kelsey Moore
At the height of the Civil Rights Movement, Odette, Clarice and Barbara Jean meet regularly at the first diner owned by black proprietors in their Indiana city and are watched over the years by a bighearted man who observes their struggles with school, marriage, parenthood and beyond.



The Rose Code

by Kate Quinn
Joining the elite Bletchley Park codebreaking team during WWII, three women from very different walks of life uncover a spy's dangerous agenda against a backdrop of the royal wedding.



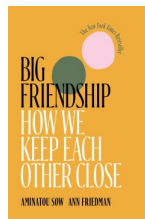
The Boyfriend Project

by Farrah Rochon
When a live tweet of a horrific date reveals the unscrupulous dealings of an internet catfisher, three duped women make a pact to invest in themselves for six months, prompting one to pursue a dream career.



Text Me When You Get Home

by Kayleen Schaefer
Examines the evolution of female friendship in pop culture and modern society, celebrating how the bonds between women have evolved to have as much significance as relationships with romantic partners and family members.



Big Friendship

by Aminatou Sow
The feminist hosts of the Call Your Girlfriend podcast argue that close friendship is the most influential and important relationship a human life can have, sharing strategies for creating fulfilling, long-term relationships with

friends.



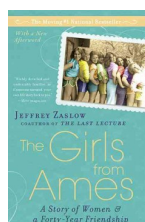
So much for love : how I survived a toxic relationship

by Sophie Lambda
Sophie had always been cynical about love--until she meets Marcus. The beginning of their relationship was a whirlwind romance, but over time she finds herself on uneven footing. The whiplash of this toxic relationship has Sophie's head spinning. When she hits rock bottom, she fights her way out with fierce honesty, irreverent humor, and the help of Chocolat, a wisecracking, booze-drinking bear.



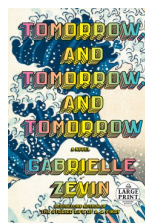
How to Not Die Alone

by Logan Ury
Drawing from years studying psychology and relationships, a behavioral scientist turned dating coach, in this data-driven, step-by-step guide, shows you how to find, build, and keep the relationship of your dreams.



The Girls from Ames

by Jeffrey Zaslow
An inspiring story of 11 girls from Ames, Iowa, and the 10 women they became and the mysterious death of their 11th member is a moving demonstration of how female friendships can shape every aspect of women's lives.



Tomorrow, and Tomorrow, and Tomorrow

by Gabrielle Zevin
Embarking on a legendary collaboration launching them to stardom, two friends, intimates since childhood, have the world at their feet until they discover that their success, brilliance and money won't protect them from their own creative ambitions or the betrayals of the heart

Lee County Library System

2201 Second Street, Suite 400
Fort Myers, Florida 33901 | 239-461-2900
www.leegov.com/library