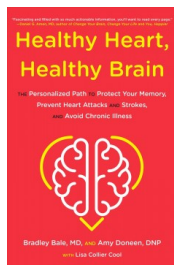


Heart Health

Tuesday, February 21 at 12:30 pm

Reading Suggestions

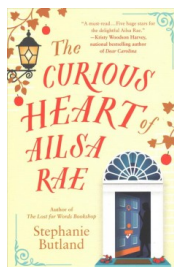
Books with an asterisk are available in print at the library. eBooks and eAudiobooks can be accessed through OverDrive or Hoopla by visiting: <https://www.leegov.com/library/online>.



*Healthy Heart, Healthy Brain

by Bradley Bale

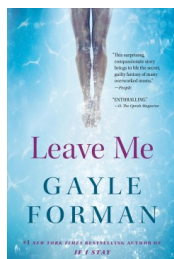
Two of the world's most influential cardiologists present their method, which can be tailored to any individual, for preventing and reducing arterial disease and the underlying metabolic disorders that may contribute to it.



*The Curious Heart of Ailsa Rae

by Stephanie Butland

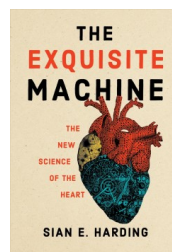
Recovering from a heart transplant while mourning a best friend who did not make it, Ailsa begins a search for her long-absent father that is marked by personal estrangements and questions about starting over.



*Leave Me

by Gayle Forman

A harried working mother, who is so busy that she fails to recognize she's had a minor heart attack, leaves the family that resents helping her recover and gradually confronts the painful secrets she has been ignoring. **Also available as an eBook through**



The Exquisite Machine

by Sian E. Harding

Your heart is a miracle in motion, a marvel of construction unsurpassed by any human-made creation. Despite decades of effort in labs all over the world, we have not yet been able to replicate the heart's perfect engineering. But, as Sian Harding

shows us, new scientific developments are opening up the mysteries of the heart. **Available as an eBook through OverDrive.**



*The Heart Between Us

by Lindsay Harrel

Megan Jacobs spent her life sitting on the sidelines while her twin sister Crystal had all the fun. After receiving a heart transplant, the quiet library aide is given her teenage donor's journal--complete with an unfulfilled bucket list. Megan and Crystal venture out to complete the bucket list and embrace

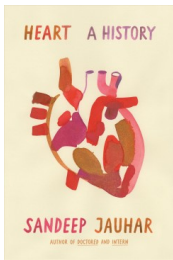
life. **Also available as an eAudiobook through Hoopla.**



This Heart of Mine

by C. C. Hunter

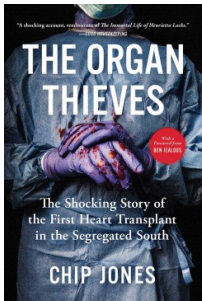
After she receives a heart transplant from a teenager who committed suicide, Leah MacKenzie questions the donor's twin brother Matt and, as they investigate the circumstances of his brother's death, they unexpectedly fall in love. **Available as an**



*Heart

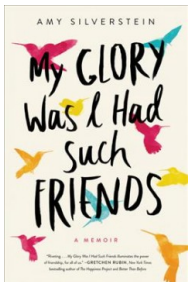
by Sandeep Jauhar
A leading cardiologist and author of *Doctored and Intern* examines the recent dismantling of historical taboos and the development of transformative heart procedures that have changed how we live and what we understand about illness. **Also available as an**

eBook through OverDrive and an eAudiobook through Hoopla.



*The Organ Thieves

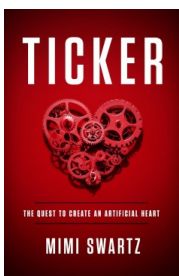
by Chip Jones
An investigation into how racial inequality has shaped the heart transplant race describes how in 1968 an injured black man checked into a hospital before his heart was removed and donated without his family's knowledge or consent.



My Glory Was I Had Such Friends

by Amy Silverstein
The award-winning author of *Sick Girl* traces the story of her second heart transplant, celebrating an extraordinary group of friends who flew across the country to support her throughout a wrenching wait and subsequent medical

procedure. **Available as an eBook through OverDrive.**



*Ticker

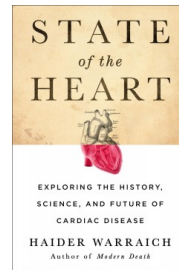
by Mimi Swartz
A two-time National Magazine Award winner traces the medical and technological quest to develop a successful artificial heart implant, chronicling the evolution of cardiac medicine while exploring the pioneering work of two Texas Heart Institute innovators.



*Heart

by Johannes Hinrich Von Borstel
In an entertaining exploration of all aspects of the heart, a doctor, prospective cardiologist and former paramedic relates his own experiences to provide a personal insight into the human side of heart medicine, while clearly explaining the science behind cardiac disease and

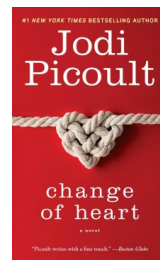
healthcare for the heart. **Also available as an eBook through Hoopla.**



*State of the Heart

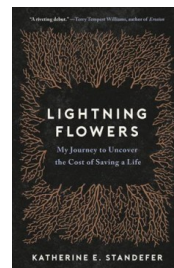
by Haider Warraich
The Duke University Medical Center cardiologist and author of *Modern Death* examines the intense scrutiny and technology shaping heart disease treatments today, sharing insights into such innovations as ventricular assist devices, heart transplants and artificial

hearts.



*Change of Heart

by Jodi Picoult
Her life shattered by a devastating act of violence, June Nealon is forced to make a pivotal choice that involves her twelve-year-old daughter and a salvation-seeking criminal. **Also available as an eBook or eAudiobook through OverDrive.**



*Lightning Flowers

by Katherine E. Standefer
What if a lifesaving medical device causes loss of life along its supply chain? That's the question Katherine E. Standefer finds herself asking after being shocked by her implanted cardiac defibrillator. In this gripping, intimate memoir about health, illness,

and the invisible reverberating effects of our medical system, Standefer recounts the astonishing true story of the rare diagnosis that upended her rugged life in the mountains of Wyoming. **Also available as an eBook through OverDrive.**

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