

## BUG BITES



### INGREDIENTS:

- Dry Oatmeal (instant or regular)
- ½ Cup Peanut Butter (other nut butters can be substituted)
- 1/3 Cup of Honey
- 1 Teaspoon of Vanilla Extract

### Optional Mix-ins:

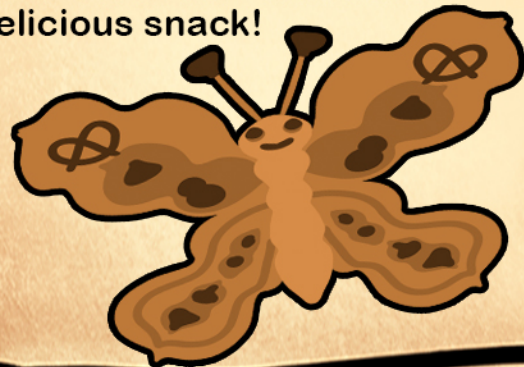
- M&Ms
- Chocolate Chips
- Shredded Coconut
- Raisins
- Pretzel Sticks and/or Small “-Pretzel Shaped” Pretzels
- Nuts
- Banana Slices

Or whatever you can think of!

### DIRECTIONS:

Feeling the “itch” for a delicious snack? This is one bug bite you won’t mind getting!

1. In a large bowl, mix together the oats, peanut butter, honey, and vanilla. You can also add in some of the mix-ins here or save them for decoration.
2. Form the mixture into small balls or log shapes. Using a bit of peanut butter, attach a ball shape to a log shape. (You can experiment with different shapes for you bugs!)
3. Decorate your bug! Use small pieces of banana for the whites of the eyes. Use chocolate chips or raisins for pupils. (use a dab of peanut butter to make things stick). Pretzels make great wings. Pretzel sticks are good for legs and antennae.
4. Experiment and have fun.
5. Eat your bug bites! OR chill them in the fridge to make them a little less sticky.
6. They will last in the fridge for quite some time and make a delicious snack!



IF YOU WANT TO POST YOUR BUG BITE, LET US KNOW WITH #STORYOLOGIST!